



WHAT WE CAN DO FOR YOU?

Cleft Care Mauritius provides medical and non-medical assistance and support to all those with cleft lip and/or palate and their families:

- feeding advice for babies born with cleft
- expert advice to parents and families with babies born with cleft
- support to adults with cleft



Smile Train Association

Registration Number: 15349
NSIF Registration Number: NSIF/2021/0003

- www.cleftcare.org
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"Every child with cleft lip and/or palate deserves a smile."

What is Cleft Lip and/or Palate? (FENTE PALATINE - BEC DE LIÈVRE)

Cleft is a facial birth defect at the lip and/or palate.



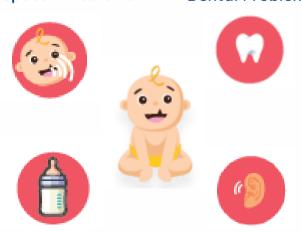
Cleft lip: Either a little cut in the coloured part of the lip or complete separation of the upper lip which may go up into the nose.



Cleft palate: A gap in the roof of the mouth affecting the soft palate (i.e. back of the palate towards the throat) or both the soft and hard palates (i.e. the front of the palate towards the lips).

Difficulties caused by a Cleft

Speech Problems Dental Problems



Hearing Problems

Feeding Problems

Feeding a Baby with Cleft



Feed your baby in a calm and quiet environment and keep each feed to 20 - 30 minutes.



Have several breaks for burping.



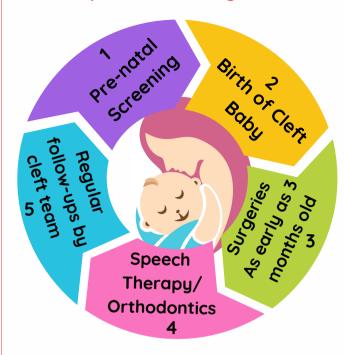
After each feeding and burping, continuous aspiration is needed for proper hygiene.

Care when Feeding a Baby with Cleft



- Avoid placing the teat into the cleft.
- Squeeze the bottle gently to deliver milk into the mouth.
- If you are using specially designed bottles and teats, squeeze the teats instead.
- A squeeze every three to four sucks is usually enough.

Cleft Lip/Palate Management Plan



Facilities at Cleft Care Mauritius



Maxillofacial surgeon



Speech & language Therapists



Pediatric Dentists/Orthodontists



Dieticians



Psychologists



Family support workers